

# molift® EASY

# USER MANUAL



Molift offers a broad range of slings for all movement needs. The slings are designed to distribute weight and pressure in such a way as to be as comfortable as possible, and therefore vary both in model and size. Molift focuses on safety and comfort, and recommends individual trial of the slings. Colour codes help you to find the correct size. We design and produce our slings in Norway, in accordance with the same quality constraints as the Molift lifts, and all slings are tested and approved in accordance with NS-EN ISO 10535. Molift recommends using Molift slings with Molift lifts.

## Molift Easy Paediatric Sling

Size	Colour code	Without head support	With head support
XXS	Pink	Art. no 3005050	Art. no 3006050
XS	Light blue	Art. no 3005000	Art. no 3006000

## Molift Easy Sling

Size	Colour code	Without head support	With head support
XS	Light blue	Art. no 3025000	Art. no 3026000
S	Red	Art. no 3025100	Art. no 3026100
M	Yellow	Art. no 3025200	Art. no 3026200
L	Green	Art. no 3025300	Art. no 3026300
XL	Blue	Art. no 3025400	Art. no 3026400
XXL	White	Art. no 3025500	Art. no 3026500

## Molift Easy lifting sling

Molift Easy lifting sling is a comfortable, padded sling designed for use with Molift's 4 point suspension system. The sling is made both with and without head support, is very easy to use, can be washed.

**!** *Torn, worn or in any way damaged slings/straps can break, and lead to injury. Only use slings that are in good condition. Destroy and discard old, useless slings.*

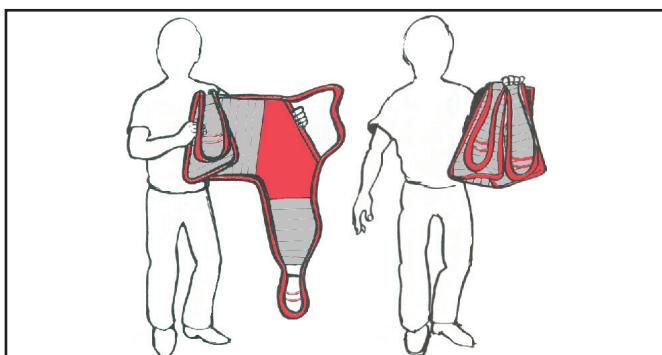
**!** *Lifting and moving patients always involves a certain degree of risk. Read the lift's user manual carefully! It is important to understand and be familiar with the equipment, and only trained personnel should use it. Ensure that the sling fits the lift you have chosen, and that it is correct for the situation it is to resolve. Show caution and care when you use the lift and its accessories because you, as a carer, are responsible for the safety of the patient.*

**!** *Molift Easy lifting sling is designed to fit the Molift 4-point suspension and is intended as an accessory to Molift lifts. The lift's user manual indicates which slings can be used with it.*

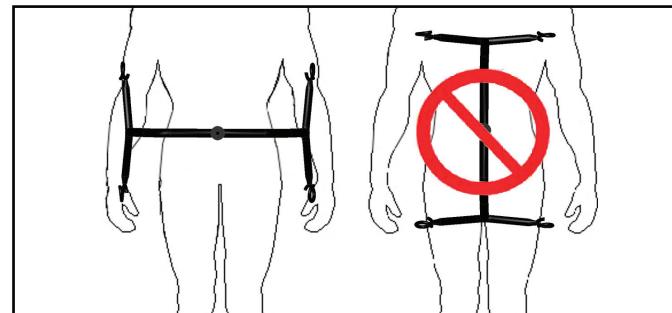
## Using the sling

Before use, fold the sling as shown in the illustrations. The grey side is turned away from the patient (user) to be lifted when positioning the sling. The sling is held in one hand, leaving the other free to support the patient. The red side must face the user's back when positioning the sling.

### Folding the sling



The lift suspension points must always be arranged across the user to be lifted, as shown to the left in the illustration below.



**!** *When using the sling for a two-point suspension, it must be used diagonally, i.e. the loops on the sling must be hung on hooks diagonally across from each other.*

## Lift and movement to and from the seated position

It is easier to lift from a seated position than from lying.

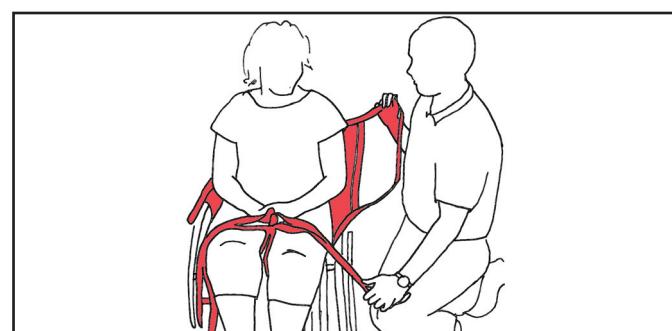


*If the user's physique and abilities allow, he or she should be encouraged to participate actively when the sling is positioned. The user may, e.g. lift his or her thighs, pull out the leg straps, lean forwards, etc.*

- Lean the user forward while you hold one arm round him or her. *Push the folded sling down behind the user's back until it meets the seat.* The sling can be pushed better into place using a flat hand in the positioning pocket behind the sling.

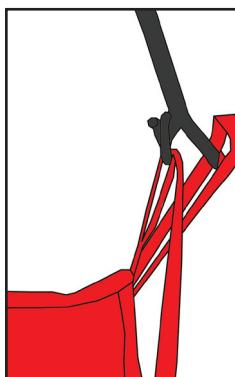


*Remember the correct working position to protect your back!*



- Pull forward the leg flaps by pulling on their edge bands and pull them under the user's thighs. Pull forward and upwards. Then cross the loops on one of them through the other, as shown in the illustration.

- Hook the loops onto the lift hooks. When lifting from seated to seated, you can "lock" the sitting position with a straight back by using the extra loop on the shoulder strap.



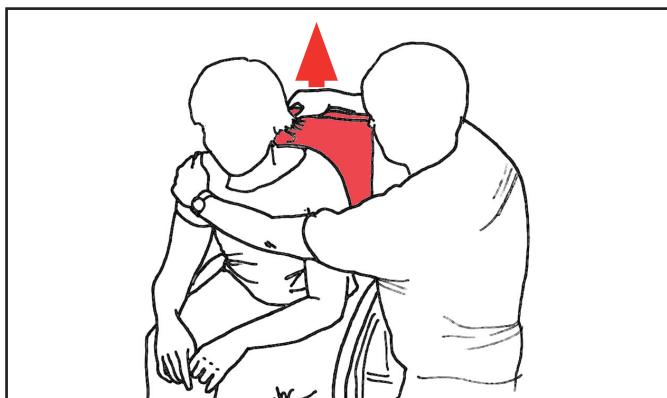
- If you are lifting from a wheelchair, apply the wheelchair brake so it does not move. Lift the user so he or she is clear of the chair, etc. and move him or her. You do not have to lift high.

**!** *Ensure that the lift loops are attached correctly to the lift before you begin to lift. The sling must NOT hang in the black tightening straps for the head support*

- Lower the user carefully down into the chair, take the loops off the hooks and remove the lift. If moving to a wheelchair, the brakes must be on to prevent the wheelchair from moving. You can use the following techniques, or a combination of them, to get the user as far back in the seat as possible.
  - push the user's knees gently
  - pull on the tapes at the back/on the sides of the sling
  - tilt the chair back

**!** *Remember the correct working position to protect your back!*

- Pull the leg flaps on the sling away from the underside of the user's thighs. Stand by the side of the chair, lean the user forward while you are supporting with one hand. Pull the sling up from behind the user's back. Lean the user back in the chair.

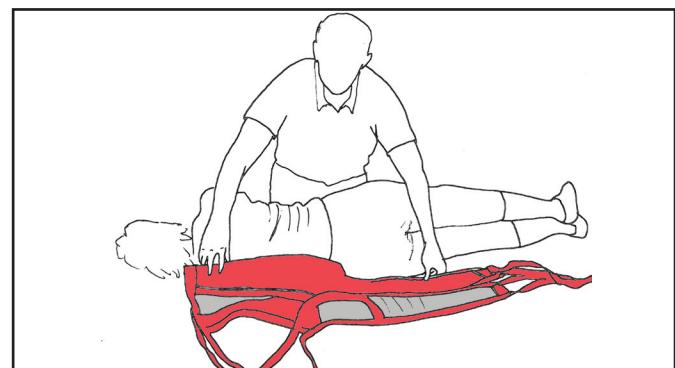


**!** *If you pull the sling up hard, the user may fall forwards and be injured. Always hold one hand around the user as shown in the illustration.*

### Lift and movement from/to the recumbent position.

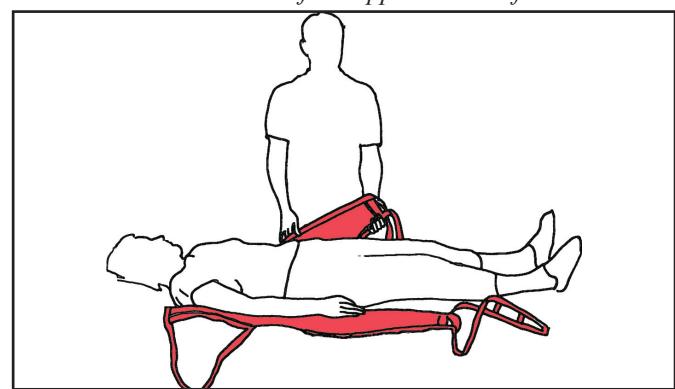
If the bed has a backrest, use this and follow the instructions for lifting and moving from the seated position. We recommend using a sling with a head support when lifting from a recumbent position.

**!** *When lifting from a bed with height adjustment, adjust it to the correct working height.*

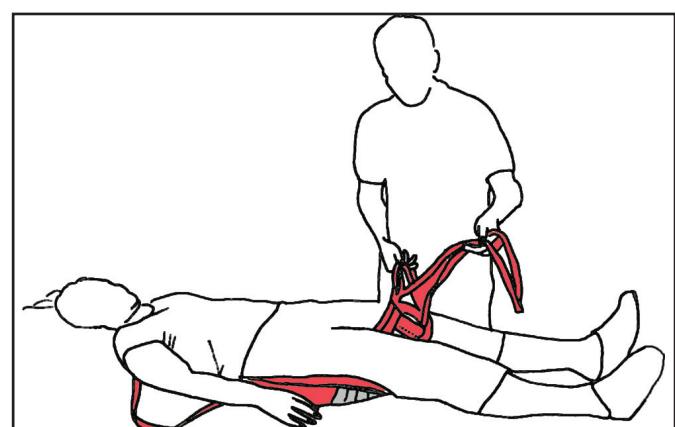


- If possible, turn the user to the recovery position. Fold the sling in the middle and place it behind the user's back. Then turn the user over to the opposite side, and pull out the sling. Ensure that the user is positioned in the centre of the sling.

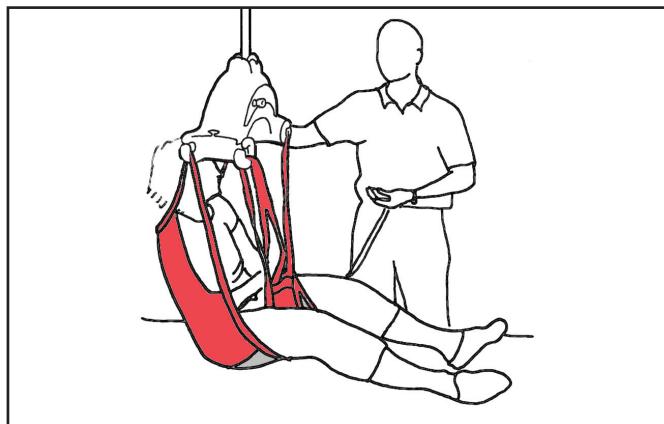
**!** *Be careful when you lay the user on his or her side. Ensure that you hold the user back so he or she does not roll over and out of the opposite side of the bed.*



- Pull out the leg flaps and position them under the user's thighs, as shown in the illustration.



- Cross the leg loops by pulling one of the loops through the other.
- Position the lift with the suspension points over the user. Ensure that you do not lower the suspension points down onto the user. Ensure that the suspension points are centred over the user before you lift. Remember that the wheels on the mobile lift must NOT be locked.



**!** *Ensure that the sling is positioned correctly and that the lift loops are attached correctly to the lift before you begin to lift. The sling must NOT hang in the tightening straps for the head support. When lifting from a bed with height regulation, the bed should be lowered as much as possible. Be especially careful with the user's head.*

- If users are to achieve the most comfortable seated position, it can be adjusted by pulling the handles behind and on the sides of the sling. Adjust the head support to a comfortable position using the tightening strap.
- When lifting from a bed, the user is raised until the seat is off the mattress, then the legs are lifted and the user turned towards you so that the feet are outside the edge of the bed.
- Carry out the movement, and lower the user carefully. Remove the loops on the sling from the suspension points. Roll the user towards you and fold the sling. Roll the user to the other side (preferably in the recovery position). Remove the sling and adjust the user in the bed.

**!** *Be careful when you lay the user on his or her side. Ensure that you hold the user back so he or she does not roll over and out of the opposite side of the bed.*

### Extension loops

If necessary, extension loops can be used to achieve greater distance to the suspension points. The loops are used in pairs on the shoulder or leg loops.

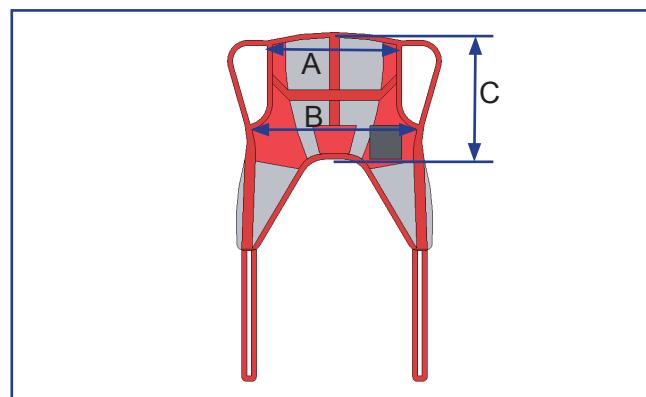
Art.no: 3013000 (2 piece set)

### Washing instructions

Molift Easy is made from grey and red polyamide material (Cordura), with polyester tapes, padded with polyester foam, and can be washed at 85°C and autoclaved at 85°C for 30 min.



### Size guide for sling sizes



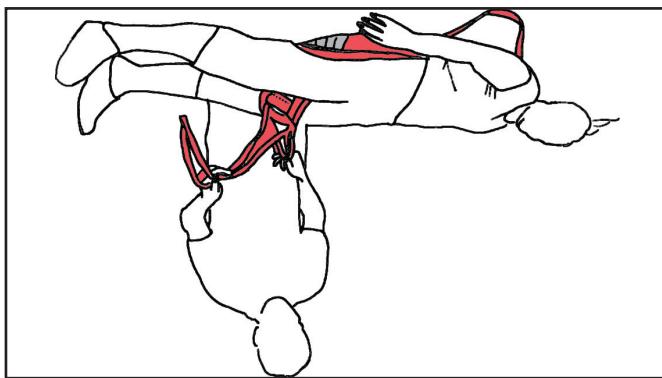
Size	Colour code	Recommended user weight (Kg)	A (cm)	B (cm)	C (cm)
XXL	White	230-300	86	130	71
XL	Blue	160-240	76	115	68
L	Green	90-160	66	100	65
M	Yellow	45-95	56	85	62
S	Red	25-50	51	75	56
XS	Light blue	17-25	46	65	50
XXS	Pink	12-17	41	55	44

The choice of sling size is determined by the user's weight and body shape/size.

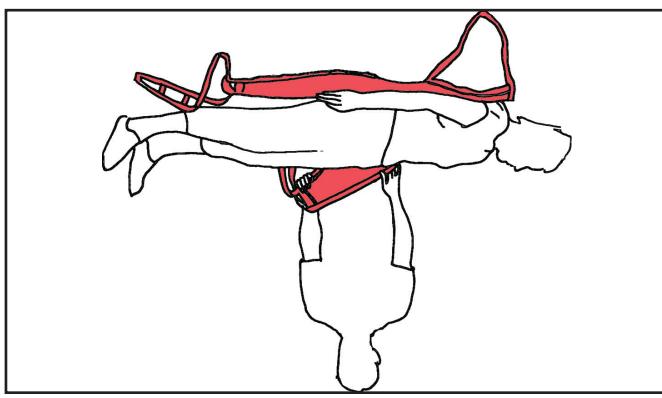
SWL (Safe Working Load) is 160 kg for XXS-S and 300 kg for M-XXL



- Cada uno de los trazos de las piezas pasando un trazo a través de otra.



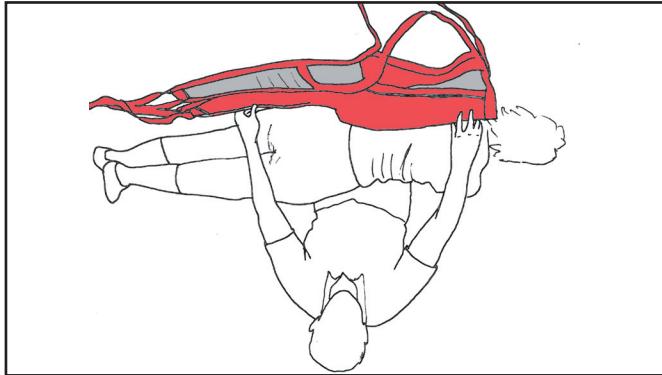
- **Las debajas de los mulos del usurario, de acuerdo con la legislación.** La hacaña adelantó las solapas para las piezas y coloque-



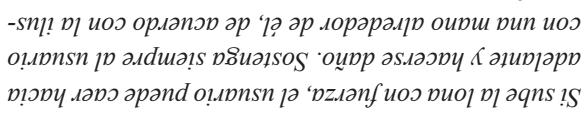
Si fuera posible, coloque al usuario en posición lateral es-table. Pílegue la lona en el medio y colóquela en la espalda del usuario. Luego coloque al usuario del otro costado y tire la lona hacia adelante. Quite de que el usuario se sitúe en el medio de la lona.

Tenga cuidado al poner de costado al usuario. Procure que el centro de modo que no se dé vuelta y se caiga de la cama del otro lado.

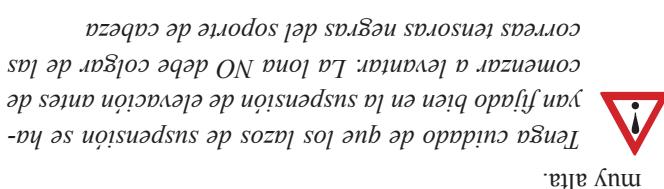




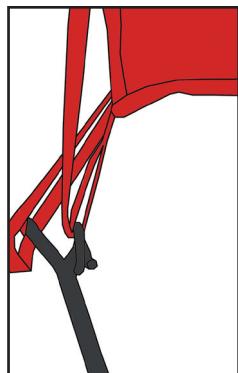
Si la cámara tiene un respaldo, useelo y siga las instrucciones de evacuación y traslado desde posición sentada. Al levantar de posición acostada, recomendamos una lona con soporte de cabecera. En la transición desde una cámara con regulación de altura, ajustela a la altura de trabajo correcta.



A line drawing of a person in a crouched position, viewed from the side. A red arrow points to the perineum, the area between the scrotum and the rectum. The drawing is simple and schematic, showing the legs, torso, and head.

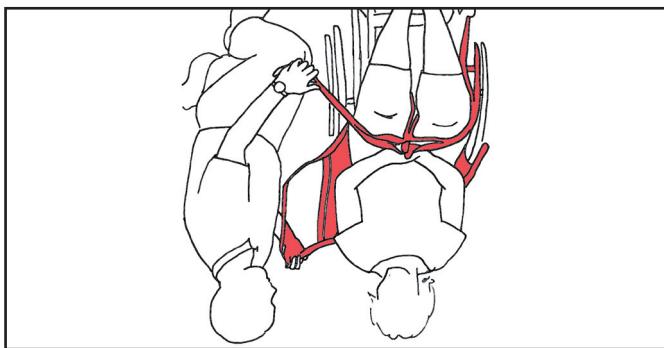


- Si la elevación tiene lugar desde el hombro. Posición sentada con las espaldas de recarga utilizan el lazo extra en la espalda de la silla de转移encia. Una silla de转移encia, active el freno de modo que la silla no se mueva. Levante al usuaria de modo que se separe de la base, y haga la转移encia. No hace falta una elevación



- Luego cruzar los lazos, uno a travéS del otro, de acuerdo con la ilustra-  
ción.
- Enganche los lazos en los ganchos de elevación.
- Al levantar desde posición sentada a posición sentada, pude "cerra" la posición sentada con la asa de la silla.

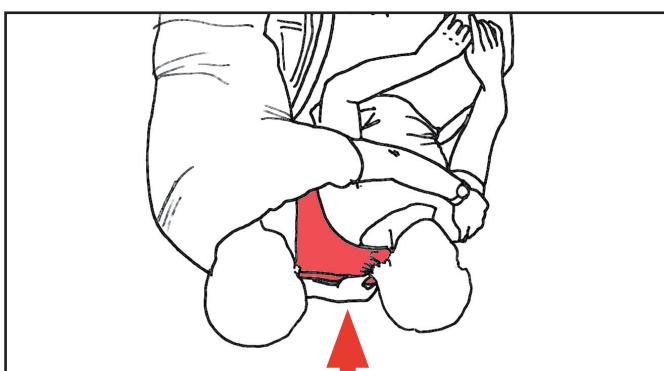
• Lle haica adelante las piezas para las piezas agarrando del lado interior de sus riñones y pongalas en posición baso los muslos del usurio. Tira bien hacia adelante y arriba.



!Acuerdate de tu posición de trabajo con el punto que  
cansar la espalda!

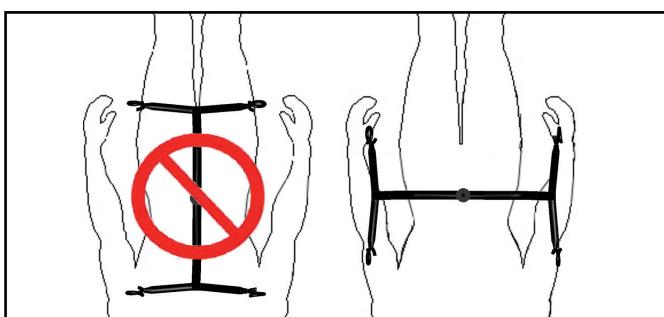
que de con el asiento. La lona pude sitiar se mejor colo-  
cando una mano plana en el bolsillo de posiccionamiento  
del lado posterior de la lona.

Así el fisco y las capacidades lo permiten, hay que antechar la situación a que participa activamente en la colo-  
cación de la lona. El susarito puede, p.ej., levantar el  
mismo los muros, sacar las solapas, inclinarse hacia  
adelante, etc.

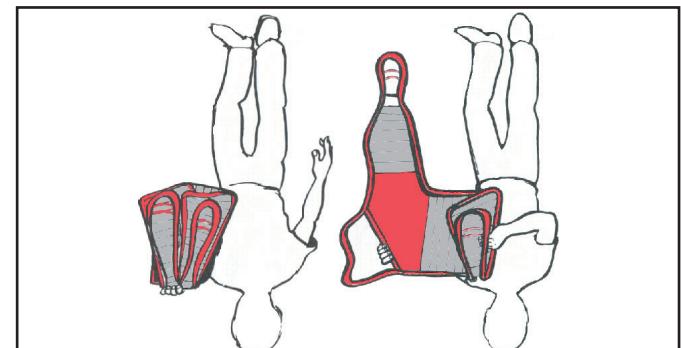


**ELLEVACION Y TRASLADO A Y DESDE POSICION SENTADA** Es más fácil levantar desde una posición sentada que desde una posición acostada

Al usar la tasa con suspensión de elevación en los puentes, la suspensión de evacuación debe colocarse diagonalmente, es decir, los lazos de la tasa se engancharán en diagonal, uno en frente del otro.



La suspensión de elevación siempre debe colocarse transversalmente en el usaurio que hay que levantar, de acuerdo con la figura de la ilustración a continuación.



Plegado de La Lona

La lona Molift easy se ha concebido para la suspensión Molift de cuarto puntos y sirve como accesoario de las grúas Molift. Las diferentes combinaciones de los grúas y grúas están indicadas en el manual del usuario.



Las loans perecinos usagieruus, useniuus o de outa manera dathaddas pudeen romperse y causar lesio-nes personales. Por ello, use inticamente las loans en buen estado. Destruya y desechhe las loans desgasta-das.

## Lona Molift Easy

# MANUAL DE USO —

**molift**  
designed for life

- una lona de

XS	Azul Claro	Art. N° 3025000	Art. N° 3026000	Con soporte de cabesa
S	Rojío	Art. N° 3025100	Art. N° 3026100	
M	Amarillo	Art. N° 3025200	Art. N° 3026200	
L	Verde	Art. N° 3025300	Art. N° 3026300	
XL	Azul	Art. N° 3025400	Art. N° 3026400	
XXL	Blanco	Art. N° 3025500	Art. N° 3026500	

Lona Molift Easy

XS	Azul claro	Art. Nº 3006000	Art. Nº 3006000
XXS	Rosa	Art. Nº 3006050	Art. Nº 3006050
Tamano	Colorido de color	Sin soporte de cabeza	Con soporte de cabeza

## Lona Molift Easy para niños



# easy *modifit*<sup>®</sup>